

Chaddleshworth News

Included in this December edition of Chaddleshworth News:

- Christmas events from Chaddleshworth Entertainments, NAWT, Great Shefford Sports and Social Club and The Base Greenham,
- Chaddleshworth Winter Club starts,
- Chaddleshworth Cricket Club celebrate,
- the Under 5's, Chaddleshworth and Shefford Schools and the PTFA are getting into the seasonal spirit,
- the Chaddleshworth Christmas Sale and Poppy collection went well,
- The Ibex Inn has a great festive period planned
- and this edition includes news from many more of our local organisations.

We wish everyone in Chaddleshworth Parish a **Merry Christmas and a Happy New Year. Ed.**

Please provide your letters, suggestions and contributions for the next February edition by the 20th of January to chaddnews@gmail.com Thank you.



Chaddleshworth Christmas Sale

Our Christmas Sale at the Village Hall raised **£369.60** to be shared between two charities.

Firstly, **The Abel Foundation: Claire and Tony** set up the Foundation after their son, Abel, was diagnosed with Mitochondrial disease. As the doctors knew little about this disease, they resorted to the internet to research how they could help their son. The Foundation was set up in 2015 to help provide support for sufferers and the families of this disease.

Secondly, **The Newbury Soup Kitchen**. This is a voluntary organisation providing help and support to the Newbury homeless community and to those less fortunate than others. Founded and managed by **Meryl Prail** with the support of **Andrew Williams**, the primary operation is a friendly drop-in centre for vulnerable adults who perhaps have mental health issues or are just lonely. All are greeted with hot food and drinks every Thursday evening. A warm welcome awaits people who wish to socialise, find support, enjoy a hot meal and interact with like-minded people.

Glen Bourne organised this event with the help of her son, **Liam**. She would like to thank **Diane and Hazel** for organising the teas and cakes, **Phyllis, John and their granddaughter, Anya**, for running the Tombola stall and selling cakes, **Heather and Grahame** for helping out where necessary, also thanks to the other three stall holders. Lastly, **thank you** to all those who made cakes and everyone who came along to support this event.



www.chaddleshworth.net • chaddnews@gmail.com

Co-Editors: David Jennings & Grahame Murphy. Distribution Team: John Ballard, Ruth & Andrew Lee, Nikkie & Kevin Macnamara, Joe Mills, Grahame Murphy, Sue Ridgeway. Printing costs are paid for by Chaddleshworth Parish Council.

Electronic colour eCopy available on the village website.

St Andrew's Church, Chaddleworth – part of the West Downland Benefice

May God bless you with his joy and his peace this Christmas

We are preparing for open air carols in a number of villages this year. What began as a covid-forced necessity in 2020 has become a tradition! We'll be singing many of the old favourites that remind us of Christmases past and give us the opportunity to have a really good sing! However, there's one that isn't on the schedule, but that I like to hold in reserve in case there's a change in the weather ... There's nothing quite like singing Good King Wenceslas *'when the snow lies round about, deep and crisp and even'*! Wenceslas was a real person who is a wonderful example of someone who was so moved by the generosity of God, and by the poverty and misery that he saw around him, that *'forth he went, through the rude wind's wild lament, and the bitter weather'* to bring comfort and help to his fellow human beings.

Christmas time brings us the opportunity to remember that God sent his Son Jesus to come into the world as a vulnerable baby to bring the Good News of his love to each man, woman and child. That gift is for all time, so whatever our situation this Christmas, we can know that Jesus willingly comes to stay with us and offers his gifts of joy and peace despite our circumstances.

Good King Wenceslas reminds us that our blessings bring most joy when shared. Even this year, when many of us feel that affording Christmas is a struggle, are fearful of cuts to public services and are worried about jobs and money, we can be generous in giving our time and talents to offer practical help or encouragement to our neighbours.

*'Ye who now will bless the poor
Shall yourselves find blessing'.*

Rev. Miri Keen

West Downland Benefice Service Dates			
Sunday 4 th December	9:00am	BCP Holy Communion	Fawley
	10:30am	Morning Praise + Holy Communion	Leckhampstead
Tuesday 6 th December	2:30pm	Under 5's Christingle	Great Shefford
Sunday 11 th December	9:00am	BCP Holy Communion	Chaddleworth
	6:30pm	United Benefice Carol Service with Choir	Fawley
Monday 12 th December	7:00pm	Nativity Procession and Carols	Shefford Woodlands
Sunday 18 th December	9:00am	BCP Holy Communion	Brightwalton
	12:00noon	Open Air Carol Service	Welford Park
Tuesday 20 th December	6:30pm	Carols in the Avenue	Great Shefford
Wednesday 21 st December	6:30pm	Open Air Carol Service	Brightwalton
Thursday 22 nd December	6:00pm	Open Air Carol Service	Leckhampstead
Christmas Eve	4:00pm	Crib Service	Wickham
	10:00pm	First Holy Communion of Christmas	Wickham
	11:30pm	Midnight Mass	Great Shefford
Christmas Day	8:00am	BCP Holy Communion	Chaddleworth
	9:30am	Family Holy Communion	Brightwalton
	9:30am	Family Holy Communion, Rev. L Jackson	Great Shefford
	11:00am	Family Holy Communion	Welford
Sunday 1 st January	10:30am	United Benefice Service	on Zoom
Sunday 8 th January	9:00am	BCP Holy Communion	Fawley
	10:30am	Morning Praise + Holy Communion	Great Shefford
Sunday 15 th January	9:00am	BCP Holy Communion	Chaddleworth
	10:00am	Café Church	Great Shefford
Sunday 22 nd January	9:00am	BCP Holy Communion	Brightwalton
	10:30am	Morning Praise + Holy Communion	Wickham

To receive updates of church news and information about all services please contact **Sarah** via sarah.westdownland@gmail.com to subscribe to the West Downland Benefice weekly email. We are pleased to offer Zoom from Church for the services. Please contact the Benefice Office for joining details. Order of Service can be found on the A Church Near You site www.achurchnearyou.com



National Animal Welfare Trust Trindledown Farm

We are very sorry to have to say that because of the weather and limited parking space at the centre we had to make the very difficult decision to have to cancel our Christmas Fayre on 4th December.

Firstly, we wanted to tell you about the exciting **Double Donations** week running from **29th November to 5th December**. Any donation made to us during that time is doubled so if you donate £5 we would receive £10 and so on. If you were thinking of donating any money leading up to Christmas, please consider donating during that time so we get double the amount.

In light of cancelling our Christmas Fayre, we are trying to hold a series of smaller events to try and recover the huge loss of the income that the Fayre normally generates for us. All details of the events will be announced on social media so please do keep an eye out so you don't miss out!

Some confirmed events are:

- On **1st December to 22nd December** we launch our annual shoebox appeal. Simply get a shoebox and fill it with goodies for any of our animals and drop at the centre. We will ensure the relevant animal gets their surprise gifts.
- On **4th December** we are thrilled to still have **Santa Claus** visiting from **11:00am to 3:00pm**. He is looking forward to meeting all the children and dogs during that visit. At the same time the folk band **Pandemonium** will be playing in the heated barn. So, come and shop, hear some great music, have a bite to eat and visit Santa – what more can you want! Our Santa's Grotto is looking amazing so come on down.
- From **5th December to 15th December** we are running a **Virtual Dog Show** online so please keep your eyes peeled for details how to enter.

In the meantime, all the stock we would have been selling at the Christmas Fayre will be displayed in the **Trindledown Treasures** shop over the next couple of weeks for you to purchase. So, to grab a bargain and help the animals at the same time, why not pop down and do some Christmas Shopping with us. Also grab a bite to eat at the same time in **Goodies Café**.

For next year the Centre does have a series of new events planned. We are very much looking forward to organising those and sharing the details with you in the New Year.

Thank You to everyone who supports us we couldn't do what we do without your valued support. **Merry Christmas** to everyone and a **peaceful New Year**.

If you'd like to keep up to date on all our events and animal antics, make sure you follow us on Facebook **@nawt.berkshire** to see all the latest news!

Tracy, 01488 567974



Downland Gardening Club

As I write this, I realise that another year has almost past, it is dark, the curtains are drawn and I am lucky as there is a lovely open fire to keep me warm. We have certainly had some strange weather to contend with during this month and year and it seems very possible that this will continue, and may well change our gardening practices and perhaps the plants we grow. Time will tell, but certainly looking back to this year's Chelsea Flower Show, the nurseries experienced great difficulties in having their plants ready at the right time because of the weather. I am also very aware of this at the moment as I need to plant up the large pots, either side of my front door, for the winter



and spring but the central plant in each pot, *salvia leucantha* is still bursting with bloom and beautiful. However, one day next week is moving day to a sheltered spot and the tulips will get planted.

Now is the time to enjoy house plants and I confess to falling for some mini cyclamen this week. The offer at Hillier's was too tempting, and four little pots are brightening my house.

Thoughts turn to making Christmas wreaths, and the need to pick Holly before the birds strip the trees. Do check out the National Trust's site for things to see and do at this time of year. They have a full programme of events.

Recipe of the month:

Apple and Parsnip Soup

25gms butter, 1 tbsp. oil,
2 onions, 600gms parsnips
and 600gms cooking
apples, peeled and chopped.
2 garlic cloves, crushed,
1 litre chicken or vegetable
stock, 150ml milk, salt and
pepper.

Gently fry onions and
parsnips until onions are
soft, add garlic, apples for
2 mins stirring regularly. Add
stock, simmer until parsnips
soft, about 20 mins. Blend,
stir in milk, add more if
necessary, check seasoning.
Serve with crusty bread and
cheeses.

If you are a crumble fan have
you tried adding raspberries
to apples or to pears? Also
topping apples with
mincemeat in a tart?

*Happy Christmas and best
wishes for 2023. **Judy Kelley***



Chaddleshworth and Shefford Schools PTFA

Registered Charity 1190914

If you listen hard, you can just about hear Christmas carols on the breeze...

But before we get carried away with festivities, a brief review of last month. The children put their brains in gear for their half term sponsored "Word in a Word Challenge". We challenged them to make as many words as possible from the letters in "Great Shefford". Our intrepid word scramblers raised over **£300!** The internet indicates that there are well over 1300 possible words. How many can you find? No cheating!

We are still aglow with the success of our Winter Fete on Saturday 19th November. It was a real pleasure to see so many people from the school (both staff, current and past pupils) and villages come along to enjoy the fun, whether it was suspense at tombola, raffle or "Lob a Choc", buying beautiful crafts or the guaranteed wins at "Coin Drop" and, a personal favourite game, the cafe! "And a

particular thank you to businesses, both local and national who generously donated prizes to our raffle. Final takings to be confirmed but over **£1,000** raised! This is a fantastic sum, particularly with the challenges faced across our communities with rising costs in all areas of life.

Looking ahead to Christmas, we have put up lights (very kindly loaned to us by a local business) in the trees at the Shefford site entrance. Do walk to the end of Blakeney Fields to admire our hard work!

We have assisted with the costs of transport for the many and varied class trips this term, and we will be providing refreshments at the forthcoming nativity and carol performances.

As there is no January newsletter, we would like to take this opportunity to thank all of our supporters and wish you all a **Happy and peaceful Christmas and New Year.**

Chaddleshworth and Shefford Schools Parents, Teachers and Friends Association (PTFA) comprises parents, staff and community members. We are a small group, but always welcome new members. You do not need to be connected to the school – you may just wish to be involved in a community group. Our aims are simple, working closely with the school to enhance the education of the pupils and engaging in activities both in the school and in the community to raise funds.

Clare





Great Shefford Pre-School



**Pre-School, Tuesday, Wednesday,
Thursday 9:15am to 2:45pm**

Our term of celebrations and commemorations is drawing to a close. We enjoyed making bonfire pictures and dressing up in traditional Indian dress to celebrate Diwali. We took a poppy wreath to the War Memorial and talked about the small things we can do to live peacefully with others.

We are now fully in the swing of preparing our Christmas activities. The paint and glitter are out, the festive songs are coming along nicely and everyone is learning the Christmas story.

We are looking forward to meeting Rev. Miri and our parents at St. Mary's Church at the start of December for our Christingle service where each child will hold a Christingle orange as we sing 'Away in a Manger'. On the last day of term we will perform a traditional Nativity in the church and have a tea party in the Manor House barn, by kind



permission of Mr & Mrs Armstrong. Hopefully Father Christmas will hear the children's singing and pop down to see them!

We would to wish all our readers a very **Happy Christmas and Best Wishes for the New Year.**

If you have a pre-school child and would like to find out more about the wonderful learning experiences we offer, please log on to our **Learning Diary** on our website www.greatsheffordunderfives.co.uk or contact us on **07867 934387**.

**Baby and Toddler Group, Monday
9:30am to 11:15am**

The Baby & Toddler group is open on Monday mornings and is very popular with young families from the local area. If you haven't visited us before, please come along to Great Shefford Village Hall and let our staff, Morven and Debbie, make you most welcome with a cuppa, chat and plenty of activities.

We have an excellent range of resources and most importantly, are looking forward to meeting parents and their very young children to offer support and friendship.

With best wishes,
Denise

denise.herrington@btinternet.com



Chaddleworth St Andrew's and Shefford C.E.

Federated Primary Schools



Today I asked the House Captains, Shadow House Captains and Vision Leader to talk to the classes to about '*Living Life in all its fullness*' and also showing Compassion our Christian Value.

So, what does 'Living life in all its fullness' mean to the children?

Robins said that it is doing things we haven't done before. Kingfishers said that it was about trying to help others. Owls said putting yourself forward for leadership roles like being a reading champion. Red Kites said it was about trying new things and meeting new people. What fantastic thoughts!

And these are some of the examples of compassion this term that the children have noticed:

- Teamwork in football
- Cleaning the play equipment
- Other children helping me find my lost quartz rock
- Noticing someone carrying lots of things and helping them

- Releasing our butterflies
- Being kind and helpful
- Helping me with my maths
- Cheering me up



We've been out and about in the locality with Red Kites climbing Buckham Hill to compare it to the Shropshire landscape, Owls visiting Wayland's Smithy to see a real Neolithic long barrow, Kingfishers walking around Great Shefford in order to create a map and Robins going on welly walks to explore their local environment. Six children represented the school at Park House participating in a multi-skills competition and we have all helped to raise money for Children in Need today by wearing something spotty. Rev Miri joined us for the Remembrance service which all the children participated in. So, all in all, a very busy, productive and exciting start to Term 2.

Not only that but we have been delighted to show so many families round our school as they prepare for starting in September 2023. It has been lovely meeting you all!

Alison Stephenson, Headteacher/DSL
01488 648657 www.csfschools.org





CHADDLEWORTH



Presents

The Chaddleworth Quizmas!



- **Date and Time: 17th December 7.00pm till late (quiz starts 7.30pm prompt)**
- **Teams of 6, please register a table at entertainment@chaddleworth.net or call 07946 318101. Tables reserved on a first come first served basis.**
- **£10 per head including a variety of curries, including vegan options.**
- **Wear your Christmas jumper and get a free glass of mulled wine!**
- **Raffle and prizes:**
 - **Donations for the raffle greatly received.**
- **All proceeds to support the Easter egg hunt and the Chaddleworth Fete**



Chaddleworth Cricket Club

Saturday 26th November was the club's awards ceremony and end of season party. The team were mostly in attendance and, as ever, *Nathan* looked after us very well.

Captain **Jack Barrett** gave out the medals, assisted by vice-Captains **Craig Edwards** and **Tom Campbell**.

The recipients were all worthy winners but the only true winner this season has been Chaddleworth Cricket Club! We've had the best season in years, not in terms of results necessarily, but in that the club and the team has really come together. What a difference a year makes.

Up The Chadd!

Interested in joining Chaddleworth Cricket Club? Contact **Mr Wilson** via his email jimmybobwilson@gmail.com





Chaddleworth Village Hall

The Annual General Meeting was held in on Tuesday 22nd November – thank you to all who attended. The resulting minutes will be displayed on the notice board at the Hall.

Bookings: Chaddleworth Village Hall is a versatile venue with great facilities, plenty of parking, is freshly decorated and has new, upholstered chairs.

Please contact us to view and book The Hall for your children's parties, family events and any other functions. Contact **07827 309401** or ChaddleworthHall@gmail.com

Chaddleworth 100 Club

The latest winners of the 100 Club draw for September are **Ray Young** with her lucky number 30 and **Brian Hayter** with his lucky number 34. They both win **£43**. We are now at 86 Members so thank you one and all. **It would be nice to actually get to 100 Members so please consider joining.** This is a really good way of supporting our Village Hall. This *Chaddleworth News* is distributed to over 200 addresses so there are many more parishioners that might enjoy supporting the Village Hall via the 100 Club. It is really worthwhile being a member to keep the Hall going and we implore every villager to join.

Please contact **Grahame Murphy** on **01488 638628** or email botmoorway@btinternet.com

How do I join the 100 Club? With "internet banking", set up a standing order for £2 per month (one number) or £24 a year. Payable to Recipient '**Chaddleworth 100 Club**', Sort Code **62-28-74**, Account No **00000000** (eight zeros), Reference **2856684010**. Alternatively, you can let me have a cheque or cash just contact me. Email **Grahame Murphy** on botmoorway@btinternet.com to let me know you have joined and get your allocated lucky number.

Chaddleworth Hardship Fund

The Trustees recognise that energy bills have dramatically increased and are set to go up again in the autumn. All applications are always treated with the utmost confidentiality. If anyone is having difficulty in paying their bills and or are in 'fuel poverty' (spending 10% or more of their income on energy) they are urged to contact the Hardship Fund Trustees via the Parish Clerk/Responsible Finance Officer on chaddleworth.pc@outlook.com

Recommended Tradesmen

Please note that the Recommended Local Tradesmen and Advertising pages are only included in the on-line/electronic version of this edition and will return to the printed edition next year.

Advertise in Chaddleworth News

To recommend or advertise local services, or to provide letters and announcements, please email details to chaddnews@gmail.com
This service is free of both charge and hassle!



Chaddleworth Parish Council

Meetings are in the Chaddleworth Village Hall every other month – next on **Tuesday 10th January 2023 at 7:30pm**. If you have any matters for the Council, please contact the clerk via chaddleworth.pc@outlook.com

For the minutes from past meetings please visit www.chaddleworth.net

Norris Lane: The Parish Council are now pursuing the final avenue to prove to Sovereign that they need to accept their responsibility for the footpath and parking area. They have used their usual tactic of obfuscation and denial. This is on-going and the PC has sent photo's to demonstrate the situation and enlisted the help of our MP. WBC Boundaries Officer has now been in touch with the PC but so far we have not had a further response.

Right to Buy: We are pursuing this with Sovereign and our MP Laura Farris. There are a number of tenants that would like to buy their homes and we will do our very best to help them.

Covid 19 Test Kits: The PC have been supplied with test kits by West Berks Council Healthcare and there are still kits available. Please contact Grahame via **01488 638628** or botmoorway@btinternet.com

The regular Councillor's Report is available via the West Berkshire website:

www.westberks.gov.uk/downloadsparishcouncilreport

Kind regards, **Councillor Clive Hooker**

Patient Participation Group and Patient Panel

Grahame Murphy is the Parish Council representative on these two groups including at meetings on 16th and 17th of November. If you have any concerns regarding the Downland Practice, or any wider NHS concerns, please get in touch with me via email botmoorway@btinternet.com

Saunders Wynn and Coventry Educational Foundation

The three named benefactors set up the Trust to offer financial help to further the educational needs of the children and students (up to the age of 25) of the Parish of Chaddleworth. The Trustees meet four times a year with the next meeting scheduled for **9th February** to consider applications including any relating to the additional costs of home-schooling and remote study for students. Previous contributions have been made towards the cost of school uniforms, books for university courses, specific equipment and kit for courses, and residential courses.

If you wish to apply for funds please contact the Foundation's Clerk, **Heather Murphy**, Tower Hill Cottage, Botmoor Way, Chaddleworth RG20 7EU or email botmoorway@btinternet.com for an application form. All applications are treated in the strictest confidence. Any applications received after this scheduled meeting will still be considered for awards by the Trustees but there may be a delay before awards are made.



West Berkshire Council

have opened a helpdesk for support regarding the rise in inflation. Advice is provided on energy bills, renting, food and childcare costs, free school meals and much more. See

www.westberks.gov.uk/cost-of-living-support-hub

for full details. You can also email the hub at costofliving@westberks.gov.uk or telephone them on **01635 503333**

Letters and Announcements

Chaddleworth Cricket Club

Our AGM is on the **16th December at 7:30pm at Chaddleworth Village Hall.**

All are welcome and refreshments will be provided after the meeting.

Interested in joining Chaddleworth Cricket Club? Contact **Mr Wilson** via his email jimmybobwilson@gmail.com

Royal British Legion

Lest we forget

The Chaddleworth collection achieved **£460.81**. Thank you to **Sue, Lynne and Grahame**, the collectors, and to everyone who gave so generously.

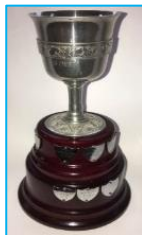


Chaddleworth Winter Club

This is a new initiative that is being given a trial run of six weeks. **Every Monday** (starting on Monday the 28th November) in **The Ibex Inn** from **12noon to 3pm** and from **5pm to 8pm** you can enjoy a bowl of soup and a roll, and unlimited cups of tea or coffee during these cold winter months. It is free but we hope that many people will want to make a donation and there will be a bucket for this purpose. The initiative is being funded by two benefactors in our village.

The Sloely Cup

The Sloely Cup will be contested on **Sunday 29th January 2023 at The Ibex Inn, 4pm prompt**. Usual rules apply!



St Patrick's Catholic Church

A reminder that Sunday Mass is once more being said at **St Patrick's Church, Old Stanmore Road, East Ilsley, RG20 7NJ** at 11.15am. All are welcome. We suggest parking in East Ilsley High Street to avoid congestion on Old Stanmore Road. St Patrick's is served from East Hendred. www.hendredcatholicparish.org.uk

Mgr Andrew Burnham is the Parish Priest and can be contacted on **01235 835038** or aburnham@portsmouthdiocese.org.uk

Mass is livestreamed from St Mary's, East Hendred and you can access it via www.churchservices.tv/easthendred

Masses at St Patrick's...

- Christmas Day 11.15am
- New Year's Day 11.15am

Masses at St Mary's Catholic Church, St Marys Road, East Hendred OX12 8LF...

- Christmas Eve 4.00pm Vigil Mass for Families; 8.00pm Mass of Christmas Night
- Christmas Day 9.30am Mass of the Day
- New Year's Day 9.30am Mass

Best wishes, **Joe Clerkin**

THE SOCIAL CLUB PRESENTS
a Christmas Eve
FAMILY Fun Afternoon

24th DEC
12PM - 4:30PM

- TRAIN RIDES
- FUN GAMES
- BAR
- REFRESHMENTS
- & MORE!

A MUST ATTEND EVENT!
FREE ENTRY
EVERYONE WELCOME

venue:
SPORTS & SOCIAL CLUB
Behind Great Shefford Village Hall

FOR MORE INFORMATION
contact sandraalodge@aol.com

Made with PosterMyWall.com



The Base, Greenham's popular '**My Wild Life**' photography competition, inspired by the return of the Natural History Museum's Wildlife Photographer of the Year exhibition to their Gallery in February next year, is in its final month of accepting entries. Now in its 3rd year, budding photographers of all ages and expertise are invited to enter – whether it's capturing an image of insects in their back garden, wildlife discovered on a family walk or snaps of a beloved pet, **The Base** are looking for creative thinking when it comes to capturing the wonders of wildlife that surrounds us in town and country.

The two winning photographers from the Over-18s and Under-18s categories will win a unique opportunity to go behind-the-scenes at *Beale Wildlife Park* in Pangbourne. Alongside a keeper for the day, the winners will get to meet the animals and take photographs not achievable from behind the fence. They will also win a Base Pass/Family Base Pass annual ticket, which gives them unlimited entry to *The Base Gallery* for a whole year, along with seeing their photographs displayed in the *Newbury Weekly News* and on the walls at the arts centre for all to enjoy.

Entries must explore or capture the theme of 'My Wild Life' and deadline for submissions is **Sunday 18th December** at 5pm. For more information about the competition, please visit

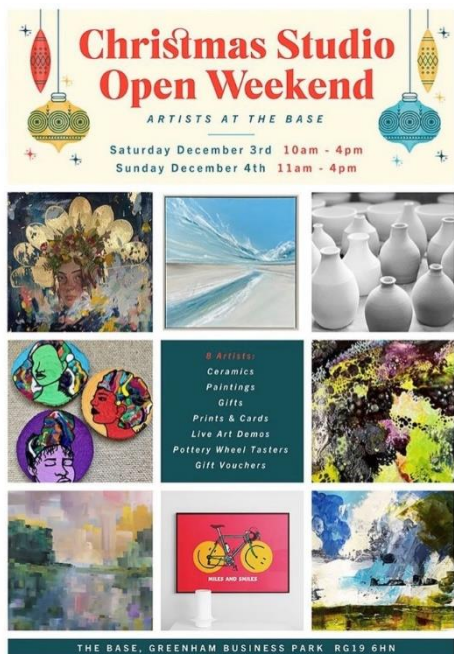
www.thebasegreenham.co.uk/mywildlife



*Over-18s Winner
'Moonlight Hunter' By Craig Allen*



*Under-18s Winner
'Goldcrest On Umbellifer At Anton Lakes'
By Thomas Eastwood (12 Years Old)*



The Downland Practice

Autumn Flu and Covid-19 Clinics: The Autumn Flu and Covid-19 vaccination uptake has been exceptional. Thank you for your support, these also provide much needed income for the surgery.

Staff Changes: Dr Victoria Ashall has now taken over from Dr Curtis, Dr Ashall was a GP partner at another GP practice and is an experienced GP.

Abuse of NHS staff: Several patients have been behaving in an inappropriate manner towards the staff both on the telephone and in the practice. Patients who misbehave towards any of our staff will be given a warning letter, and where appropriate then the Police will be informed.

Facebook Page: We are using this facility to keep patients informed of developments at the surgery and of any coming changes to services. We still have the Practice Website for patient information.

Practice Appointments: This coming winter will be very harsh for the NHS in general. Patients are reminded that if they are unable to attend any booked appointment at the Downland Practice then please do contact us as soon as possible to cancel. This appointment will then be given to other patients and not go to waste during this period of high demand for NHS services.

Paramedic: The practice has had many positive responses and the clinical team at the Downland Practice are pleased to have Mike in our ranks. Mike previously has worked on the 999-ambulance response team for over 20 years and has also worked in Minor Injuries & Illness in the hospital environment and in other GP Practices. Having the paramedic in post frees up the GP to deal with the cases that the Paramedic is unable to deal with. Patients who need to be seen on the day should ring the practice before 12 noon, patients who contact the practice after 12 noon or on exceptionally busy days for one the day appointments may be asked to contact 111.

www.downlandpractice.nhs.uk



The Ibex Inn

We Are Open Every Day!

Bar: 12noon to late

Kitchen:

Mon – Thu 12noon to 3pm // 5pm to 9pm

Fri and Sat 12noon to 9pm

Sun 12noon to 8pm

Call **01488 639052**

email Nathan@theibexinn.com

visit www.lbexinn.com



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Our loyalty system is changing. All offers & deals will now be available via our mailing list! Visit www.lbexinn.com and subscribe so you don't miss out!

Christmas is creeping up on all of us... have a look and see what we're doing during the festive period!

5th Dec // Christmas Wreath Workshop

Please check Kelly Louise Floral Design on Facebook to book your place!

10th Dec 12-4pm // Christmas Market

Come along and find the perfect bespoke and handmade gifts for your loved ones.

1st to 24th Dec // Christmas Menu

Celebrate with your loved ones this festive season. **£23** for two courses, **£29** for three courses! Please email or check the Facebook page to see the menu.

24th Dec // Live music with Johnny Accordion

26th Dec // Boxing Day Tug of War: Sign up from 12:30pm, first match starts at 1pm. 6 people per team (£2pp entry on the day - goes to The Trussell Trust). Winning team wins a £25 voucher!

31st Dec // Casino Royale: Get suited and booted & join us in saying hello 2023! £10 a ticket (entry & a free cocktail) – available from the pub!

1st Jan // Terrier Race: What a brilliant way to kick off 2023. We can all agree last year's terrier race was a good laugh! Join us New

Year's Day. Time TBA so please sign up to our mailing list for latest updates.

27th Jan – Big Fat Quiz of the Year!

£2 entry per player, max team size of 6 people. Classic quiz menu available - keep an eye on our facebook page for more details!

29th Jan – Sloe Gin Competition

We Want Your Feedback!

We will be sending out feedback surveys and want you to have your say. Subscribe to our mailing list or keep an eye on our Facebook for the link. We will be sending it out next month!

The Cost of Living...

With the ever-worsening economic situation in the UK, we want to **thank you all** for your continued support. Running a pub isn't easy in these times, but we are so happy to be a place to go for the good times and bad.

Our current energy contract runs out next month, and our new quote is 78.6p per kph (up from 16.8p per kph for the past year). Although we are looking at alternatives this seems to be the going rate which is why some pubs are choosing to close for winter. Our green energy project is ongoing but we are experiencing delays due to supplier issues.

We are partnered with Heineken who have vast knowledge in this industry, but have also increased their prices three times over the past year with another increase expected in January. On average, the cost of a pint should have gone up between 40-60p, however we are absorbing as much of the cost as we can so only a small percentage is passed onto our customers.

We are so grateful for all that support us. We love to host the village events such as *The Seniors Christmas Lunch* coming up this month, *the Harvest Auction* and *Terrier Race*. Over the time we have been open we have raised 100s of pounds for charities such as Trindledown, Air Ambulance and others. We wouldn't be able to do that without your support! **Thank you from Gavin, Nathan & The Ibex Team**



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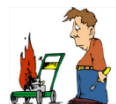
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Shefford Young Farmers



We have enjoyed some interesting meetings over the last month. We had a great time making 'Guys' for Bonfire Night and braved the weather to enjoy sparklers, bonfire with hot chocolates and marshmallows to warm up after a very wet meeting. We have also been 'Stock judging' cattle at Rooksnest Estate which was a fantastic evening and many members learnt information about cattle they never knew.

We have a number of exciting meetings coming up over the next few months including Christmas flower arranging, a carol singing evening and our first meeting back in the New Year will be 'How to dress a pheasant'.

YFC is open to anyone who is aged 10-28 and you don't have to be from a farming background, just have an enjoyment of being in the Countryside. If you would be interested in joining the club, please contact us on...
sheffordyfc@hotmail.co.uk

JOIN US NOW



Yoga In December

Monday evenings 6:15-7:15pm
Classes £10 (pay as you go)
all abilities welcome

Great Shefford Village Hall

*Last classes of the year is 19th December,
then back from 9th January 2023*

A month where Yoga classes are dedicated to grounding. Settling and finding calm in the lead up to the festive season which is often filled with more events, social outings and business. Enjoying and embracing this time and going with the flow is important. So, to find a little more joy and a feeling of ease and presence when with family and friends, we should use our Yoga practice as a tool to create that balance. Finding time to simply be, wind down and restore our energy so we can both give and connect more.

The class is at full capacity at the moment but please still reach out to me via email/phone as numbers do rise and dip.

Olivia Boydall

oliviaboydall@gmail.com



Please send articles, letters and announcements for the next
February Edition of Chaddleworth News
to ChaddNews@gmail.com
by 20th January 2023 Go well !

